



Alma Entera

COVID-19 Checklist

- Client advised of no home treatments for new clients
- Client has been advised of consultation via phone or email to minimise treatment time
- Client has been advised of payment options which reduce contact
- Client has been advised of booking appointments online/over the phone to minimise treatment time
- Client has been advised of only treating in prone or seated and not treating the face
- Client has been advised about the choice to use a face mask
- Client has been made aware of the therapist wearing a face mask
- Client has been advised of cleaning of the treatment room prior and post treatment
- Client has been advised of the treatment room and house being ventilated for a minimum of 15 minutes before arrival
- Client has been advised to sanitise hands on arrival and regular hand washing
- Client has been asked to avoid touching surfaces
- Client has been advised of the removal of unessential items in the treatment room
- Client has been asked to not bring unessential items to the treatment room
- Client has been advised of therapist wearing an apron if multiple treatments in one day
- Client has been asked to bring their own water to the treatment
- Client has been advised of toilet facilities separate to therapist which contains a clean towel
- Client has been advised of therapist's risk assessment e.g. taking own temperature etc
- Client has been advised of no contact with therapist's household members
- Client has been verbally checked for new persistent cough, temperature and loss of taste/smell
- Client has been asked if they are shielding or anyone in their household shielding
- Client has been asked if they have been in contact with anyone with COVID-19 in the last 14 days (includes track and trace)
- Having completed the above, client has been asked if they are happy to proceed with treatment and the client agreed to proceed

Date:

Therapist Signature: